

## Registration

To register for the airAlert service please fill in the form below and send it to the address shown or online at [www.airalert.info](http://www.airalert.info)

Title: Mr, Mrs, Miss, Ms, Dr, or other .....

Forename/initials: .....

Surname: .....

Address: .....

Address: .....

County (Sussex only): .....

Postcode: .....

Is the service for you or are you a carer for someone else?

Please state: .....

Age: 1-5  6-10  11-16  17-25  26-35   
36-45  46-55  56-60  61+

Do you need the alerts for Asthma, COPD or other:

Please state .....

**What town/area/district do you want information for:**

Location: .....

Postcode: .....

Is this: Home  Work  Other  If other, please state: .....

**Complete ONE of the following; telephone number or email address to receive airAlerts:**

**Telephone number** (home OR mobile). Please ensure the number given is not through a switchboard:

.....

OR **email:** .....

**Please send the completed form to:**

FREEPOST RRUG-JSJH-ZHHB, airAlert,  
Lewes District Council, PO Box 168, Lewes BN7 9FA

We are continually evaluating the service and we would like to know if we can contact you to ask your views on airAlert and the ways in which it can be improved? Would you like to be contacted? Y / N (*please circle*)

## Contact

The Sussex-air Quality Partnership provides airAlert in Sussex and can be contacted by any of the following methods:

**Telephone:** 01273 484 331

**Fax:** 01273 484 451

**Post:**  
FREEPOST RRUG-JSJH-ZHHB  
airAlert  
Lewes District Council  
PO Box 168  
Lewes  
BN7 9FA

**Email:** [registration@airalert.info](mailto:registration@airalert.info)

**Website:** [www.airalert.info](http://www.airalert.info)

TEAR OFF HERE



**air quality early warning service**

**Free** pollution alerts direct to you, by text/SMS, voice-mail or email for people with respiratory conditions.

**airAlert registration**  
[www.airalert.info](http://www.airalert.info)

## About airAlert

### How does airAlert work?

- Sends you air pollution alerts before they happen.
- Provides up-to-date information to help you to manage your respiratory health more effectively.
- It's a free service provided by the Sussex-Air Quality Partnership.
- We monitor air pollution in Sussex and will inform you when increased pollution levels are predicted.
- We will then send you either a text/SMS, voice or email alert, to warn you the day before the event.
- It's simple, costs you nothing and can help you by reducing likely respiratory incidences by warning you.

### How has airAlert helped people?

**73%** of people modified their behaviour (to reduce risk)

**50%** ensured they carried their inhaler

**44%** took a preventative dose of medication

**25%** avoided areas specified in the alerts

(airAlert 2006/07 research)

“**airAlert** definitely helped me understand the link between air pollution & my health”.

## airAlert advice

### What to do when you receive a message



- Avoid areas where pollution increases are likely.
- Be active, but consider alternative activities for the period of an alert.
- **Don't forget** your inhaler or medication.
- If symptoms worsen then take advice from your health professional.



airAlert  
Very High NO<sub>2</sub>  
Roadside areas  
Tomorrow



airAlert  
High PM<sub>10</sub>  
Roadside areas  
Tomorrow



airAlert  
Moderate Ozone  
Non-Roadside  
Tomorrow

“**airAlert** helped me understand, it gave me a reason to know why I was wheezy...”

## What does airAlert provide?

### The information you'll receive

**airAlerts** are only sent when pollution levels are expected to trigger symptoms.

The **airAlert** will detail:

- The level of concern; Moderate, High or Very High.
- The type of pollution: NO<sub>2</sub> (nitrogen dioxide), PM<sub>10</sub> (particles/dust), or O<sub>3</sub> (ozone).
- Where the pollution is of most concern (e.g. roadside, non-roadside, rural, urban).
- The alert will only be relevant to your area or district in Sussex.
- When the forecast is relevant (i.e. day, date, or over the weekend).
- For further details about these messages please visit **www.airalert.info**

## How to register or get more information

To register to receive the **airAlert** service either fill in the form overleaf or register online, and to get more information about the service please visit:

**www.airalert.info**

“**airAlert** has made me feel much more in control. That somebody actually rings me up... it's given me more confidence”.