

registration form

To register for the airAlert service please fill in the form below and return to airAlert, Environmental Health Services, Post Room Civic Centre, Southampton, SO14 7LT

Title: Please circle: Mr, Mrs, Miss, Ms, Dr or other

Forename/initials:

Surname:

Address:

Postcode:

County:

Is this service: for you or are you a carer for someone else
(tick as applicable)

Date of birth

Do you consider yourself to have a disability?

Please tick: Yes No

To which group do you consider yourself to belong (tick one option only) Asian or Asian British Black or Black British

Chinese European white British White Mixed

Other (please specify)

Which group do you consider yourself to belong (tick one option only)

Age: Please circle: 1-5, 6-10, 11-16, 17-25, 26-35, 36-45, 46-55, 55+

Gender:

Please confirm the name of your GP surgery/asthma clinic?

Do you need the alerts for: Please tick all that apply.

Asthma COPD Heart disease Other

Complete **ONE** of the following to receive airAlerts.

Telephone: (home or mobile)

Please ensure the number given is a direct number and not through a switchboard.

OR E-mail:

Please use the following details for my account:

Username:

Password:

All the information you give to us will be processed in accordance with the Data Protection Act 1998. It will be kept confidential and used only to supply or monitor the Air Alert service to you.

We will not share your information with any third party, except for the prevention or detection of fraud or crime.

We are continually evaluating the service and we would like to know if we can share your information with our partners for this purpose and contact you to ask your views on airAlert and the ways in which it can be improved. Please tick: Yes No

contacting us

Southampton City Council provides airAlert in Southampton and can be contacted by any of the following methods

Telephone:
023 8083 3005
(select option 4)

Email:
pollution.safety@
southampton.gov.uk

Website:
www.airalert.info

Address:
airAlert, Environmental Health
Services, Post Room,
Civic Centre, Southampton
SO14 7LT

To unsubscribe from this service
phone or contact us using the
details above'

This written information is available on
request in other formats or languages.
See contacts above.



Solent Healthcare

For more information or to register online now visit

www.airalert.info

**Other websites
providing further
information include:**

NHS Direct
www.nhsdirect.nhsuk

British Lung foundation
www.lunguk.org

British Heart Foundation
www.bhf.org.uk

Asthma UK
www.asthma.org.uk

Sussex Air Quality Partnership
www.sussex-air.net



...helping you
breathe more easily

Free air quality alert for Southampton
that helps you manage your respiratory
or heart condition more effectively

Register online now

www.airalert.info



Tear off here

what is airAlert?

airAlert is a free service provided by Southampton City Council's Environmental Health Service and Southampton Primary Care Trust to help improve the lives of those who are affected by air pollution.

airAlert can help you manage your health

Those affected by asthma, other respiratory illnesses and heart conditions can find their health is affected by poor air quality.

airAlert is a free text, voicemail, e-mail and web service that sends you air pollution alerts when levels in your area increase to a moderate level or above.

airAlerts are sent out on the day before moderate levels are forecast. The service allows you to receive alerts for different locations (i.e home or work).

airAlert is particularly valuable for those who have chronic respiratory disease or whose asthma is triggered by air pollution.

What should I do when I receive an airAlert?

- Avoid areas where pollution increases are likely.
- Be active, but consider alternative activities for the period of an alert.
- Don't forget your inhaler or medication.
- Contact your health professional if your symptoms worsen or if you require specialist advice concerning your condition.



what can I expect from airAlert?

airAlert messages let you know the predicted levels of pollution in your area.

airAlert message

These are the type of messages you will receive. These messages reflect government advice on air pollution levels.



Moderate air pollution levels

those at risk may notice mild effects but these are unlikely to need action.



High air pollution levels

those at risk may notice significant effects and may need to take action.



Very high air pollution levels

the effects on those at risk, described for 'high' alerts, may worsen.

The airAlert will detail:

- The level of concern; Moderate, High or Very High.
- The type of pollution ozone (O₃), particles/dust (PM₁₀), nitrogen dioxide (NO₂).
- Where the pollution is of most concern (e.g. roadside, non-roadside, rural, urban).
- Date and period of the alert.

how do I sign up?

airAlert is a completely free service available to all those who would benefit from air pollution alerts.

There are 3 easy ways to sign up:

1. Registering **online** at www.airalert.info
2. Calling us on **023 8083 3005 (select option 4)** and we will register for you
3. **Completing and returning the attached form**

Once you have signed up we will send you a welcome message. airAlert runs all year but messages will only be sent out when pollution levels increase to a moderate level or above.

"airAlert definitely helped me understand the link between air pollution and my health" - a user

For more information or to register online now visit

www.airalert.info